

SAA Group Inventory Form *(proposed for updated group guide)*

Before we meet take time to reflect on your group's strengths and weaknesses in each of the following areas. Come prepared to share your observations on how our group is doing in these vital areas. To be better prepared we ask that you study the Traditions with your sponsor. Resources for learning more about the traditions are listed at the bottom of this document.

- **Staying rooted in the Twelve Steps**
 - Do most of the group members have a sponsor?
 - Are the majority of members actively working the Twelve Steps?
 - When sharing, are the majority of the shares centered on the steps?
 - Are we emphasizing working the steps with a sponsor?

- **Knowledge of, adherence to, and fidelity to the Twelve Traditions.**
 - Does the group review/discuss/study the Twelve Traditions at regular intervals? Or do we just read the "Tradition of the month" and move on?
 - Does the group realize that the traditions are just as important as the steps in terms of individual recovery and group unity? How are members being informed of the Traditions?
 - Are we having regular group conscience meetings and allowing enough time for members to bring potential decisions of the group to their own Higher Power before voting on issues in the group?
 - Is the group adhering to the decisions made in the group conscience?
 - Are service positions being rotated?
 - Is the group careful to keep "outside issues" out of our SAA meeting?
 - Are we receiving/providing adequate financial support for our group? Is the group providing financial support to our larger fellowship (donating to local Intergroup and the ISO)?
 - Are we being careful to avoid affiliation or endorsement, actual or implied, to outside entities or other programs? Examples might include therapy, religion, treatment centers, and other recovery programs.
 - Are we placing principles before personalities in our group?
 - Are we being always mindful of personal and spiritual anonymity?

- **Newcomers**
 - Are twelfth-step calls being answered in a timely fashion?
 - Are we making our group as welcoming as possible for the newcomer?
 - Is attention being given to the needs of the newcomer? Are they being shown how to get well via our program?
 - Is a newcomer given the tools to self diagnose as a sex addict and then offered a chance to get well by being given an adequate presentation of our program of recovery?
 - Are we carrying the message to the newcomer like our Twelfth Step suggests or are we waiting for them to come to us?
 - Are there enough sponsors in the group to meet the demand of newcomers coming into our group? If not why not?
 - Are newcomers sticking around? Or do we seem to have an excessive turnover? Why? Is our meeting as attractive as it could be? What could make it more

- attractive to a potential new member?
 - Are we taking temporary sponsorship seriously?
- **Primary purpose:** *Each group has but one primary purpose—to carry its message to the sex addict who still suffers* (Tradition Five).
- Do the members of our group understand what our message is? (“I had a spiritual awakening as the result of these steps.”)
- How is our group conducting outreach (Public Information Campaigns)?
- Are we using attraction rather than promotion? Do we understand the difference between these two concepts in Tradition Eleven?
 - Are we taking our primary purpose seriously? Or do we just talk about it in a meeting?
 - Are the majority of the members actively involved in carrying our message to other sex addicts?
- **Tools of the program: How is the group using these tools?**
 - Sponsorship-is this emphasized and celebrated; is it clear to the new person who can help them? Is there a traceable lineage of sponsorship to rely on for the new sponsors? How long is it taking, on average, for new members to work the steps and start working with others? Is there a healthy balance of new members and sponsors?
 - Literature-Do we emphasize using literature? Do the members come each week to the group with the literature our group conscious has decided to use? Is literature accessible to new members when they show up? Is it Twelve Step literature?
 - Service-Does the group offer many ways to be of service? Does the group rotate service positions? Is there a simple way to sign up to commit to be of service? Do we provide a way for the very new person to be of service? Is the time in the fellowship or time in sobriety too limiting to allow new people to serve the fellowship and support the group? We all should have opportunities to server!
 - Phone list-Is it up to date and accurate? Does it show the new person who is available as a sponsor? Are members getting the newcomers phone number and calling them to see if they want help recovering from sex addiction? Are we carrying the message too
 - Medallions-Do we consistently have the appropriate medallions to hand out when needed?
 - Other
- **Meetings (write in suggestions for improvement):**
 - Step speaker presentations, Story speaker presentations
 - Membership attendance
 - Format-
 - Service opportunities
- **Other areas where we are doing well or need improvement:**
 - Group’s sexual sobriety-Are we seeing sex addicts getting and staying sober?
 - Fellowship outside meetings-do we have a regular place where we meet before or after the meeting?

- Other

This inventory form may be copied as needed by SAA Groups. Your group can add or take away from it as necessary. Groups decide how often to conduct a group inventory based on the needs of the group. Most groups take time before or after the normally scheduled SAA meeting to conduct this inventory. All members are encouraged to attend. Think of this as an opportunity to make your homegroup more effective in its primary purpose of carrying the message to the sex addict outside and inside the rooms of SAA.

Resources for further review: *Sex Addicts Anonymous*, pages 78-96; *Alcoholics Anonymous* 4th Edition pages 563-565; *Twelve Steps and Twelve Traditions*; AA Pamphlet, “*Twelve Traditions Illustrated*”